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| IFAK standard first aid kit  | Quantity | Have | Need |
| content list | 1 |  |  |
| sterile combine dressing 10 x 20cm | 1 |  |  |
| double-sided low adherent pad 5 x7.5cm | 2 |  |  |
| gauze swab 3pcs - 7.5 x 7.5cm | 1 |  |  |
| low adherent oval eye pad 5.5 x 7.5cm | 1 |  |  |
| double-sided low adherent pad 5 x 5cm | 3 |  |  |
| disposable nitrile gloves | 1 pair |  |  |
| eye wash & wound irrigation 20ml | 2  |  |  |
| alcohol-free cleansing wipes | 2 |  |  |
| povidone swabs | 4 |  |  |
| burn gel sachet 3.5g | 1 |  |  |
| bandaids 25 envelope | 1 |  |  |
| splinter probes 3.7cm - 5pk | 1 |  |  |
| tweezers stainless steel 8cm | 1 |  |  |
| scissors stainless steel sharp/blunt 13cm | 1 |  |  |
| first aid safety pins 6pk | 1 |  |  |
| hypo-allergenic non-woven tape 2.5cm x5m | 1 |  |  |
| medium weight crepe bandage 10cm x 4m | 1 |  |  |
| triangular bandage  | 1 |  |  |
| emergency thermal blanket | 1 |  |  |
| ice pack 80g | 1 |  |  |