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| Remote Area Survival First Aid Kit |
| top external zip pocket  | need | have | red mesh pouch | need | have |
| content list |  | 1 | burn module**\* contents below** |  | 1 |
| thermometer |  | 1 | low adherent burn sheet 75 x 75 |  | 1 |
| fastaid leaflet + cpr chart  |  | 1 |  |  |  |
| notepad & pen |  | 1 | yellow mesh pouch |  |  |
| pulse oximeter |  | 1 | alcohol swabs twin pack |  | 10 |
| tweezers 8cm flat tip |  | 1 | povidone swabs twin pack |  | 10 |
| scissors stainless steel |  | 1 | first aid spray 50ml  |  | 1 |
| splinter probes 5 pack |  | 2 | band aids fabric strip 25 |  | 2 |
| hypo-allergenic tape  |  | 1 | butterfly closures box 10 |  | 1 |
| safety pins 12pk |  | 1 | low adherent pad 5 x 5  |  | 5 |
| pupil torch |  | 1 | low adherent pad 7.5 x 10  |  | 3 |
| tick twister pick |  | 2 | low adherent pad 10 x 10  |  | 3 |
| eye wash cup |  | 1 | low adherent eye pad |  | 4 |
| nitrile gloves pair large |  | 10 | combine 10 x 20cm  |  | 2 |
| glucose tablets box 32 |  | 1 | gauze 7.5 x 7.5cm 3pcs |  | 10 |
| hydration sachet |  | 2 |  |  |  |
| \*\* inhaler to be purchased\*\* |  |  | blue mesh pocket |  |  |
| spacer chamber + asthma card |  | 1 | instant ice pack 80g |  | 2 |
| aspirin 300mg chewable box |  | 1 | calico triangular bandage  |  | 2 |
| amputated parts bag |  | 1 | dressing #14  |  | 1 |
| Needle disposal unit 90ml |  | 1 | dressing #15 |  | 1 |
| front velcro flap |  |  | thermal blanket |  | 1 |
| cotton applicator tips 100 |  | 1 |  |  |  |
| saline- 20ml |  | 10 | right external mesh pocket |  |  |
| 100ml eyewash |  | 1 | life tent |  | 1 |
| right wing |  |  |  |  |  |
| Olaes trauma dressing |  | 1 | left external mesh pocket |  |  |
| hyfin chest seal twin pack |  | 1 | 7 in 1 survival signal tool |  | 1 |
|  |  |  | antibacterial hand gel 60ml |  | 1 |
| left wing |  |  | pocket mask |  | 1 |
| sof-t tourniquet  |  | 1 | external zipper |  |  |
| packing gauze |  | 1 | cpr shield & gloves keyring |  | 1 |
| universal shears plastic  |  | 1 |  |  |  |
| heavy bandage 10cm x 4m |  | 2 | \*burn module contents |  |  |
| snakebite indicator bandage 4.5m |  | 2 | gel sachet 3.5 |  | 8 |
|  |  |  | burn dressing 10 x 10 |  | 2 |
| internal zip section top |  |  | conf bandage 7.5cm x 4m |  | 1 |
| folded splint 90cm x 20cm |  | 1 | burn pe sheet 10cm x 10cm |  | 1 |
|  |  |  | burn pe sheet 20cm x 20m |  | 1 |
| internal zip section bottom |  |  | burn pe sheet 60cm x 90cm |  | 1 |
| conf gauze 10cm x 4m |  | 3 | burns first aid sheet |  | 1 |
| conf gauze 7.5cm x 4m |  | 2 |  |  |  |
| conf gauze 5cm x 4m |  | 2 |  |  |  |